

# Mayfield High School

Don't Skip Breakfast!! Please take advantage of the *daily breakfast program* available to *all* High School Students!! Breakfast is served from 7:00-7:30 in the cafeteria. Whole grain rich cereals, breakfast bars, assorted fruit and milk available for \$1.95 !! Students who qualify for free or reduced price lunch also qualify for free or reduced price (\$0.30) breakfast. Students use their student ID # just as they do for lunch. *It's Simple, it's HEALTHY and it's convenient!* Grab Breakfast today!

\*\*Sub PB&J daily



Mon	Tue	Wed	Thu	Fri
<b>Cereal Bar</b> <b>String cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Pancake Wrap</b> <b>Syrup</b> <b>Hashbrown</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>WG Glazed Donut</b> <b>Hashbrown</b> <b>String Cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Mini Pancakes</b> <b>Hashbrown</b> <b>Sausage Patty</b> <b>Syrup</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Chocolate Muffin</b> <b>String Cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>
<b>Cereal Bar or Poptart</b> <b>String cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Mini Pancakes</b> <b>Sausage Patty</b> <b>Hashbrown</b> <b>Syrup</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>WG Glazed Donut</b> <b>Hashbrown</b> <b>String Cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Pancake Wrap</b> <b>Hashbrown</b> <b>Syrup</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Mini Pancakes</b> <b>Hashbrown</b> <b>Sausage Patty</b> <b>Syrup</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>
<b>Cereal Bar or Poptart</b> <b>String cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Pancake Wrap</b> <b>Hashbrown</b> <b>Syrup</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>WG Glazed Donut</b> <b>Hashbrown</b> <b>String Cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Mini Pancakes</b> <b>Hashbrown</b> <b>Sausage Patty</b> <b>Syrup</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Chocolate Muffin</b> <b>String Cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>
<b>Cereal Bar or Poptart</b> <b>String cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Mini French Toast</b> <b>Hashbrown</b> <b>Syrup</b> <b>String Cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>WG Glazed Donut</b> <b>Hashbrown</b> <b>String Cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>Sausage Pancake Bites</b> <b>Hashbrown</b> <b>Syrup</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>	<b>UBR Cookie</b> <b>String Cheese</b> <b>Fruit</b> <b>Juice</b> <b>Milk</b>

Any questions, please call Mayfield Food Service at (440) 995-7835.

*This Institution is an equal opportunity provider*

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